

Red Cross	503.284.1234
Tel-Law	503.620.3000
Renters' Rights	503.288.0130
Senior Help Line	503.988.3646
United Way	503.222.5555
Information and Referral	
Information and Referral	503.648.6646
Emergency Food & Shelter	503.525.6400
VA Medical Advice Nurse	1-800-233-8305
VA Prescription Refill Line	503.273-5301

**The Old Town Clinic** can do TB tests and issue you a temporary card stating that you are waiting for your results to be read. This is usually acceptable for use at shelters that require the card.

**Central City Concern** will assist you in acquainting you with job requirements and even assist you in meeting some of them. They will also give you a temporary message phone you can call to retrieve your messages. Also they have basic computer use for job search.

**TPI** will assist you further in helping you get an acceptable State ID Card, as well as some of the other issues you might have.

**Don't** get to caught up in **The Street Life Style**, there are many opportunities for those who try to make to improve their lot in life. In addition to the regular resources that most states have, Portland has many other resources that can be of assistance in stabilization and improving your personal situation. Using these resources will help you to better your situation in live, but keep in mind that such assistance can only take you so far, eventually it is expected that these resources will give you the opportunity to help yourself to be all you can be.

Last Update: *December 1, 2008* To address any changes and/or updates we request Sponsors address issues by Email to: [beb@wa-net.com](mailto:beb@wa-net.com)

## Community Sponsored Resources For Low Income, Veterans, Disabled and Homeless



Design by The Good Forms Company, <http://www.goodforms.biz>

### Emergency Meals

<b>Saturdays only</b>				
Days	Time	Place	Address	Miscellaneous
1st, 3rd Sat	11-12	Morning Star Baptist Church	106 NE Ivy	
Saturdays	11-1	All Saints Episcopal	4033 Woodstock	
<b>Sunday only</b>				
Time	Place	Address	Miscellaneous	
7:30a	Portland rescue Mission	111 W Burnside	mandatory chapel service	
8:00a	Union Gospel Mission	15 NW 3rd	mandatory chapel service	
9:30a	Salvation Army	30SW 2nd		
3p	"Picnic in O'Bryant Park"	SW 9th and Washington	Numbered tickets given	
3:30p	Salvation Army	30SW 2nd		
7:00p	Portland rescue Mission	111 W Burnside	mandatory chapel service	
6:30	St. Francis Dining Hall	330 SE 11th Avenue	Family seating available	

Monday - Friday				
Days	Time	Place	Address	Miscellaneous
Mon-Sat	6:30-7:30,	Blanchet House	340 NW Glisan	Seniors (60+) at 11a
Mon-Thurs	2-4 /& 6-8	First Baptist Church	909 SW 11th Ave.	Tues, dinner and a movie
7 days	7a & 6p	Portland Rescue Mission	111 W Burnside	Mandatory Chapel Ser-
Mon-Fri	7p	Union Gospel Mission	115 NW 3rd	Mandatory Chapel Ser-
Mon-Fri	10a-2:45p	Sisters of the Road Cafe'	133 NW 6th	\$1.25, OR Trail Card or
	11a-1p	Trinity Cathedral	147 NW 19th	Meal Ticket, canned food
Mon-Sun	5:45-6:30	City Team Ministries	526 SE Grand	Chapel service and Sup-
Mon-Fri	9a & 1p &	Outside In	1132 SW 13th Avenue	Homeless under 21
	12:00p	Loves and Fishes	SW 10th and Jefferson	Seniors only (60+)
	3:30p	Salvation Army	30SW 2nd	
Mon-Fri	5:00p	St. Francis Dining Hall	330 SE 11th Avenue	Family seating available
	6:00p	City Team Ministries	526 SE Grand	mandatory chapel service
	7:00p	Portland rescue Mission	111 W Burnside	mandatory chapel service
	7:00p	Union Gospel Mission	115 NW 3rd	mandatory chapel service

**Food Boxes****Food Boxes Resources**

Are Portland locations  
unless indicated

St. Vincent De Paul  
M-F, 10-12 & 1-4  
5120 SE Milwaukee Blvd.  
5032358431

Union Gospel Mission  
appointment only  
Wed/Fri 2pm-4pm  
15 NW 3rd Ave  
50-3274-4483

William Temple House  
Mon 10am- 2pm  
2023 NW Hoyt Street  
503-226-3021

Zerapath Pantry  
Mon-Fri 10-2, 4 x a year  
59 NW Ava St Gresham  
503 667 7932

Neighborhood House  
M-W 1.30 -5 T, 10-8 F 10 - 2  
7780 SW Capitol Highway  
503-246 1663  
St. Michelle Church  
Mon, Wed, Fri 245-2:30  
424 SW Mill  
503 228 8629

City Bible Church  
Emergency Food Box  
M, W, F 2 pm 4 pm  
503 255 2224

Outreach Burnside Hospitality  
M, Tu, T & S 1 pm- 4pm  
203 NW Third Avenue  
503 225 0590

Port Police Sunshine Div  
M-Fri from 10 am-4pm  
687 N Thompson  
503-823-2102

Salvation Army  
T, F 9-11 3-and 1-3pm  
39 NE Fourth Gresham  
503 661 2704

Salvation Army  
Healthy Kids  
M, T, W & F 9-11 and 1-3  
1712 NE Sandy Blvd.  
503-239 1264

Salvation Army Moore St  
Mon, Wed, Fri 1-5 pm  
5325 N Williams Avenue  
503 493 3927

Fish Emergency Services  
M-Fri 10 30 am -2pm  
1335 Se Hawthorne Blvd  
503 233 5533

First Baptist Church  
M to Thurs 2-4, referrals  
503 228 7465  
NE Emergency Food  
M, T, T, Sat 1 to 4  
3 x in 6 months  
1912 N Killingsworth  
503-246 1663

**Veterans' Service Organizations**

American Legion	503-412-4771	Greg Demarais
American Veterans	503-421-4767	Bill Talley
Blinded Veterans Association	541-265-9087	Frank Armstrong
Disabled American Veterans	503-412-4750	Jay E. Woodbury
Order of the Purple Heart	503-412-4770	Jennifer Burt
Paralyzed Veterans of America	503-412-4762	Ken Fink
Veterans of Foreign Wars	503-412-4757	Jack Zule

**State Offices—ODVA**

Salem	1-800-692-9666
	Or 503-373-2085

Portland	503-412-4777
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**Veterans' Service Officers**

Baker	541-523-8223	Jane Chandler
Benton	541-758-1595	Don Johnson
Clackamas	503-650-5631	Janice Harlan-Raisl
Clatsop	503-325-2429	Kenneth H. Rislow
Columbia	503-366-6580	Joseph Pyle
Coos	541-396-3121 x 362	Mary Ann Sackett
Crook	541-447-5304	Angela Gilley
Curry	541-247-3205 x 205	Frank Van Meter
Deschutes	541-385-3214	Keith Macnamara
Douglas	541-440-4219	Mary Newman
Gilliam	541-384-6712	Paul Conway
Grant	541-575-1631	Bruce B Makela
Haney	541-573-6024	Anne Lessar
Hood River	541-386-1080	Patrick Scranton
Jackson	541-774-7837	Marty Kimmel
Jefferson	541-475-5228	Tom Weiss
Josephine	541-474-5454	Lisa Shipley
Klamath	541-883-4247	Kathy Pierce
Lake	541-947-6043	G. Don Boone
Lane	541-682-4191	Joseph Reiley
Lincoln	541-574-6955	John Reed
Linn	541-967-3882	Kim Grooms
Malheur	541-889-6649	Bill Thomson
Marion	541-373-2085	ODVA
Morrow	541-922-6420	Juanita Cox
Multnomah	503-988-3620 x 26123	Katie Pereault
Polk	503-373-2085	ODVA
Sherman	541-565-3408	Paul Conway
Tillamook	503-842-4358	Steve Weld
Union	541-962-8802	Juanita Cox
Wallowa	541-426-3155 x 241	Renee Beaudoin
Wasco	541-506-2502	Patrick Scranton
Washington	503-846-3054	Dog McEllven
Wheeler	541-763-3032	Paul Conway
Yamhill	503-434-7503	Debbie Gill

**Food Boxes**

Food Box Lunch Program  
 Mon, Wed, Fri, 12:45-2:30  
 424 SW Mill Street  
 503 228 8629

First Baptist Church  
 M to Thurs 2-4 pm  
 By referral only  
 503-228-7465

Francis Center  
 Once every 30 days  
 Mon-Thurs 10pm-2pm  
 6535 SE 82nd Ave  
 503 775 67 84

Hope House  
 Monthly food boxes 10-12  
 Seniors the last 2 Wens  
 3837 N Gantenbein Ave  
 503 282 89 60

Community Service Transition  
 M-Fri 8:30-noon and 1-4:30  
 475 NW Glisan St  
 503 823 49 30

Crossroads Cupboard  
 T-F 9-11 / S, 11-1, 1 x mo  
 2407 NE 102nd Ave  
 503 257 93 45

EMO NE Emergency Food  
 M. T, Thurs, Sat 1-4  
 503 284 5470

Emergency Food Assist  
 Mon-Fri 9pm-noon  
 11020 NE Halsey Street  
 503 252 8500 x 118

Emergency Food Program  
 Phone or sign up on door  
 Wed- Fry 4-6pm  
 5606 Ne Killingsworth  
 503-288-1055

Esther's Pantry, Suite A  
 Tues and Thurs 3-6 pm  
 3315 SE Harrison ST  
 503 349 4699

Holly Trinity Church  
 Clothing and food  
 Tues, Wed, Fri 10-12  
 13715 Se Walker  
 503 643 9528

Outreach Burnside  
 Clothing , hygiene  
 Mon-Fri 1-3 pm  
 203 NW 3 rd  
 503 225 0590

Portland Adventist  
 Monthly food box  
 Mon-Fri 9- noon  
 11020 Ne Halsey  
 503 252 8500

Downtown Chapel  
 Mon - Thurs, 1- 2:30 pm  
 Meals Friday night 7-9pm  
 601 SW Burnside St  
 503 228 0746

**Shelters: Men**

US Mission (over 18)  
4545NE Garfield, Portland  
503-288-9294

City Team Ministries (\$4.00  
per night)  
526 Grand Ave, Portland  
503-231-9334

Transition Projects Inc. (TPI)  
(Waiting list)  
475NW Glisan, Portland  
503-239-4930

Winter Shelter  
\*Confidential address\*  
503-721-1500

Portland Rescue Mission  
(check in at 6 pm / TB Card)  
111West Burnside, Portland  
503-647-7466

Victory Outreach Ministry  
3000 NE Alberta (30th & Al-  
berta) Portland  
503-335-3264

Salvation Army  
(\$10.00 per night / TB Card)  
30SW 2nd Ave., Portland  
503-239-1259

**Shelters: Youth**

Boys & Girls Aid  
018 SW Boundary Court, Port-  
land  
503-222-9661

Clackamas County/  
Washington County Crisis  
454 SE Washington Street,  
Hillsboro  
503-542-2389

Janus Youth Programs-Access  
Center  
1635 SW Alder Street, Port-  
land  
503-432-3986

Janus Youth Programs-  
Harry's Mother (Crisis Inter-  
vention)  
738 NE Davis, Portland  
503-233-8111

Janus Youth Programs-Porch  
Light Youth Shelter  
1635 SW Alder Street, Port-  
land  
503-222-5933

Janus Youth Programs-Street  
Light Youth Shelter  
1635 SW Alder Street, Port-  
land  
503-224-5988

Salvation Army-White Shield  
Center (Safe House)  
Address: not disclosed  
503-239-1248

**Veterans Links**

VA Benefits and news <http://www.military.com/>

VA Home Page [www.va.gov](http://www.va.gov)

VA Health Care [www.va.gov/health/](http://www.va.gov/health/)

Vietnam Veterans of America <http://www.vva.org/>

Returning Veterans [www.seamtransmission.va.gov](http://www.seamtransmission.va.gov)

U.S. Government Accountabil-  
ity Office (GAO) <http://www.gao.gov/>

Survivor Benefits [www.vba.gov/survivors/  
index.htm](http://www.vba.gov/survivors/index.htm)

VA Facilities [www.va.gov/directory/guide/  
home.asp](http://www.va.gov/directory/guide/home.asp)

VA Forms [www.va.gov/vaforms/](http://www.va.gov/vaforms/)

VA Benefits and Rates [www.vba.va.gov/bin21/Rates/](http://www.vba.va.gov/bin21/Rates/)

Education Benefits [www.gibill.va.gov](http://www.gibill.va.gov)

Home Loan Guaranty [www.homeloans.va.gov](http://www.homeloans.va.gov)

Life Insurance [www.insurance.va.gov](http://www.insurance.va.gov)

Vocational Rehabilitation [www.vba.va.gov/bin/vre/  
index.htm](http://www.vba.va.gov/bin/vre/index.htm)

Burial and Memorial Benefits [www.cem.va.gov](http://www.cem.va.gov)

Veterans Employment and  
Training [www.dol.gov/vets/](http://www.dol.gov/vets/)

Federal Jobs [www.usajobs.opm.gov](http://www.usajobs.opm.gov)

Veterans Preference [www.opm.gov/veterans/  
index.asp](http://www.opm.gov/veterans/index.asp)

Military Records [www.archives.gov/st.louis/  
military-personal/](http://www.archives.gov/st.louis/military-personal/)

Department of Defense [www.defenselink.mil](http://www.defenselink.mil)

**Veterans****Other VA Information**

Veteran's Long Term Care  
Information Pamphlet  
1-(202) 512-7101

VA Benefits  
1-800-827-1000

Health Care  
1-877-222-8387

Education  
1-888-442-4551

Debt Management  
1-800-827-0648

Mammography Hotline  
1-888-492-7844

Telecommunication Device  
for the Deaf (TDD)  
1-800-829-4833

CHAMPVA  
1-800-733-8387

Headstones and Markers  
1-800-697-6947

Special Health Issues (Gulf  
War, Agent Orange, Project  
112/Shad)  
1-800-749-8287

**All****Showers**

**City Team Ministries**  
526 Grand  
503-231-9334  
M-Sat, 11 to 2:30, Not Wen,  
M & F)

**Portland Rescue Mission**  
111 W Burnside  
503-227-0421  
(M,T,Th, 9-12:30 / W,F,Sa  
7:30-8:50 Men)

**Transition Projects**  
475 NW Glisan  
503-823-4930  
(8:30 for Female / 1:00 for  
male)

**Join**  
11136 Oak  
503-232-2031  
(M-F, Male & Female, 9:00  
to 2:00, must do 15 minutes  
work)

**St. Francis**  
330 SE 11<sup>th</sup>  
503-234-2028  
(Mon and Thur 1:00 to  
3:30)

**Free Telephone**

**Transition Projects**  
475 NW Glisan

**Shelters: Women & Domestic Violence**

Community Service Center - Winter Shelter  
- Transition Projects (24 hour crisis line)  
475NW Glisan, Portland 503-721-1500  
503-239-4930

Daybreak Shelter  
\*Confidential address\*,  
Gresham  
503-988-4531

Daybreak Shelter  
\*Confidential address\*,  
Portland  
503-548-0200

Jean's Place  
18 NE 11th Avenue, Port-  
land  
503-823-4926

My Sister's House  
Address: not disclosed  
503-665-1026

Salvation Army-West  
Women SAFE Shelter  
131 SW Ankeny, Portland  
503-731-3947

Salvation Army-West  
Women and Children's  
Shelter  
Address: not disclosed  
503-224-7718

YWCA-Yolanda House  
Address: not disclosed  
503-535-2369

**Domestic Violence**

Bradley-Angle House  
Address: not disclosed  
503-281-2442

My Sister's House  
Address: not disclosed  
503-665-1026

Raphael House of Portland  
Address: not disclosed  
503-222-6222

Salvation Army-West  
Women and Children's  
Shelter  
Address: not disclosed  
503-224-7718

YWCA-Yolanda House  
Address: not disclosed  
503-535-2369

Ecumenical Ministries of Oregon (Shared housing) 2906 NE Glisan, Portland 503-223-9924	Salvation Army (Food and Shelter) 30 SW 2nd Ave, Portland 503-239-1259
Transition Projects (Housing assistance, eviction prevention) 475 NW Glisan, Portland 503-823-4930	West Woman's Shelter (no boys over 12) 2010 NW Kearney, Portland 503-239-1259
Housing Authority of Portland (Public and subsidized housing) 135 Ash, Portland 503-802-8300	Good Neighbor Center (TB Card) 11130 SW Greenburg Road, Tigard 503-443-6084
Portland Housing Center (Rental problems, first time buyers) 3233 NE Sandy, Portland 503-282-7744	My Father's House (Call first) 2425 NE Division, Gresham 503-492-3046
Northwest Pilot Project [8] (over age 55) 1430 SW Broadway, Portland 503-227-5605	Annie Ross House / NW Housing Alternative, 2316 SE Willard, Milwaukie 503-654-1007
<b>Additional Shelter</b>	Washington County Family Shelter
Metro Crisis -- Emergency Food & Shelter (24 hour crisis line) 503-525-6400	210 SE 12 Ave., Hillsboro 503-640-3263
Winter Shelter Access Line (24 hour crisis line) 503-721-1500	Inn at the Orchards, 5609 NE 102nd Ave., Vancouver, WA (1-866-577-2503) 360-695-9677
Aging and Disability Services (Rest Home) 503-640-3489	Valley Homestead / Share House 4921 NE Hazel Dell Ave., Vancouver, WA 360-695-9677

**State Dept of VA Affairs****National VA Services Officers**

American Legion / Disabled American Veterans  
1220 SW 3rd, Room1692  
M-T 9-3:30, F 7:30-12  
503-412-4750

AmVets  
8944 N Clarendon, Port  
503-777-6677

DAV  
1220 SW 3rd

Multnomah-Co Veterans Services Office  
(Aging and Disabilities) 421 SW Oak St.  
503-988-3646

Paralyzed Veterans of America  
1220 SW 3rd  
503-412-4762

Portland  
1220 SW 3<sup>rd</sup>  
503-412-4777

VFW  
1220 SW 3rd

Salem  
700 Summer NE, 97301  
1-800-692-9666

American Legion Service Office  
1220 SW 3rd, Room 1684  
1-800-827-1000

CCC Workforce  
2 NW 2<sup>nd</sup>  
503-226-7387

**Also****State of Oregon Dept of Veterans' Affairs**

Social Security  
1-800-772-1213

Portland  
503-326-2611

Supplemental Security Income (SSI)  
1-800-772-1213

Salem  
1-800-828-8801

Armed Forces Retirement Home  
1-800-332-3527



## Veterans

**VA Medical Center**  
**3710 SW US VA Hospital**  
**Road**  
**503-220-8262**

Medical Center Appoint Desk  
**3710 SW US VA Hospital**  
**Road**  
 503-220-3494

Veterans Hospital Lost and Found  
**3710 SW US VA Hospital**  
**Road**  
 503-220-8262 x 56296

Disabled American Veterans  
**3710 SW US VA Hospital**  
**Road**  
 Transportation Net  
 Bldg 101, Room 202A  
 Services Marion County, Oregon to Cowlitz County Washington  
 503-220-8262 X 57804  
 1-800 949-1004 x 57804

Telephone Advice Nurse  
 1-888-233-8305

Telephone Refill Line  
 503-273-5201

**East VA Primary Care Clinic**  
 10535 NE Glisan Street  
 Gateway Medical Building,  
 2nd Floor  
**503-721-1007**  
 Fax; 503-252-9422

### U.S. Dept of VA Affairs

Veterans Regional Office  
 1220 SW 3rd Ave.  
 13th Floor  
 1-800-827-1000

National Veterans Affairs Direct Deposit Center  
 1-877-838-2778

### County VA Services Officers

Clackamas  
 1710 Red Soil Court, Oregon City  
 503-650-5631

Multnomah (prefer appointments)  
 421 SW Oak St., 1<sup>st</sup> Floor  
 503-988-3620 x 26123

Washington County  
 180 E Main St #20, Hillsboro  
 503-846-3060

### Vocational Rehabilitation

VA Vocational Rehabilitation and Employment  
 1220 SW 3rd Ave., 12th Floor, Suite 1252  
 503-412-4577

### Veterans' Home

The Dalles  
 1-800-846-8460

## Clothing

Downtown Chapel  
 601 E Burnside  
 M-F 9:30-11am (sign-up)  
 503-228-0746

Fish  
 1335 SE Hawthorne  
 Mon-Fri 10:30-1pm  
 503-233-5533

Francis Center (Boundaries, Clatsop to Powell; 39th-136th; Powell to Glison, 60th-82nd)  
 6535 SE 82<sup>nd</sup>  
 M- Thurs 10-2pm  
 503-775-6784

Holy Trinity Catholic Church  
 13715 SW Walker, Beaverton  
 T, W and F 10:30 to 12:30  
 503-643-9528

Human Solutions  
 2900 SE 122<sup>nd</sup>  
 Tue-Fri 9-11:30  
 503-988-5201

Life Center  
 2746 NE MLK  
 M/W/F 10-2pm  
 503-988-5201

Outreach Ministries  
 203 NW 3rd and Davis  
 Mon-Fri 1-3pm  
 503-225-0590

PTA Clothing Center  
 Check with school  
 Mon-Fri 10-1pm  
 503-238-4522

Portland Rescue Mission  
**Men only** 111 W Burnside  
 7:30-8:30am

Pregnancy Resource Center  
 10 pieces per family member per month  
 1626 NE Broadway, Portland;  
 Mon/Wens 10:00-4:45  
 503-256-0808  
 4419 SE McLaughlin, Milwaukie  
 Tues, Thurs, Fri 1:30-6:45  
 503-659-3336

Snow-Cap / Rockwood  
 17805 SE Stark  
 M-F 10-2/Tues 6-8  
 503-674-8785

St. Vincent De Paul  
3601 SE 27<sup>th</sup>  
Tue, Wen, 10-12 and 1-4  
503-235-8431

St. Vincent De Paul  
806 NE Alberta  
Thursdays 9:00-11:00  
971-244-0339

Transitions Projects, INC  
(TPI)  
475 NW Glisan  
Mon-Fri  
8:30 Women (sign-up)  
12:30 Men (sigh-up)  
503-823-1266

Union Gospel Mission  
15 NW 3<sup>rd</sup>  
M-F 10-5pm  
503-228-0319

Sunshine Division  
687 N Tompson  
M-F 8:30-11:30 & 12:30-  
3:30  
503-228-0319

University Park  
Baby cloths and furnishings  
9009 NE Foss east end of  
building  
1st Wednesday 12:00-1:00

**Old Town Clinic**  
Primary and TB testing  
727 W Burnside  
503-241-3836

**West Burnside Chiropractic**  
Free Chiropractic 9-5 M-F  
221 W Burnside St.  
503-223-2213

**WMC Downtown Services**  
Urgent Care & other  
727 W Burnside, Portland  
6:30-8pm Thursdays  
254 W Burnside, Gresham  
check in 6pm M & W  
503-489-1760

**Multnomah County  
Health Dept.**  
24 hours message  
426 SW Stark  
503-988-3333

**Multnomah County Call  
Center**  
Mental health crisis  
503-988-4888

**West Side Health Center**  
426 SW Stark, 5th floor  
M-F 9-5  
503-988-5140

**Adult and Family Ser-  
vices**  
Food Stamps, OHP,  
ERDC, TANF  
50 SW 2<sup>nd</sup>  
503-731-3336

**DMV**  
For financial help see  
TPI, 475 NW Glisan  
1502 SW 6<sup>th</sup>  
503-299-9999

**Housing Authority of  
Portland**  
135 SW Ash  
503-802-8300

**Aging & Disability Ser-  
vices**  
General Assistance  
1111 SW 10th Ave, 2nd  
Fl.  
503-988-5460

**Disabled Services**  
1502 SW 6<sup>th</sup>  
503-988-3690

**Birth Certificates**  
800 NE Oregon, Ste.  
503-731-4108

**General Assistance**  
1139 SW 11<sup>th</sup>  
1-800-273-0557

**Social Security Office**  
1538 SW Yamhill  
1-800-772-1213

**Eviction Information**  
(Mult. Co. Courthouse)  
1021 SW 4<sup>th</sup>  
503-988-3022

**Oregon Dept. of Reve-  
nue**  
Oregon working families  
tax credit  
1-800-356-4222

**Drug Free Zone Vari-  
ances**  
(for downtown)  
503-823-0097

**Red Cross**  
503-284-1234

**United Way**  
503-222-5555

**Legal Aid**

**Legal Aid Services,**  
(housing, camping, utilities and benefits)  
700 SW Taylor, STE. 300  
503-224-4086

Safety Net  
(Payee services for Social Security beneficiaries)  
503-233-1005

**Community Alliance Tenants,**

(Landlord and tenant issues)  
2710 NE 14th  
503-460-9702

Bankruptcy Clinic (free)  
503-224-4086

Debtors Anonymous  
503-972-8576

Gamblers Anonymous  
503-233-5888

**St. Andrew Legal Clinic,**

(family law, custody etc.)  
807 NE Alberta  
503-281-1500

Project Stop (gambling addicts)  
503-239-5952

**Renters Rights Hotline**

M - Thur 3:00pm to 7:00pm  
503-288-0130

Cascade AIDS Project  
503-233-5907

**Native American Program**

Legal Aid Services  
812 SW Washington, Ste. 700  
503-223-9483

**Russian Social Services**  
(Services for Russian speakers)  
4033 SE Woodstock  
503-777-3437

**Senior Help Line**

503-988-3646

**Tel-Law**

503-620-3000

**Medical****Mult County, HIV Test Site**

426 SW Stark, 6th floor  
Call for appointment  
9-4:30 M, T, T and F  
12:30 to 4:30 Wednesday  
503-988-3700

**County Health Nurse, Youth only**

Greenhouse 820 SW Oak  
TB, Flue, Pneumonia, Tetanus Shots  
3:30-5:30 Wednesdays

**Child, Family, Adult Mobile Outreach**

Multnomah County Mental Health  
503-988-4888

**Josiah Hill III Clinic, Families resources**

Lead poison testing  
1200 NW 23<sup>rd</sup>  
503-415-9694

**Children's Community Clinic**

27 NE Killingsworth  
Care to 21 years  
Mon, Tue, Thu 9-5  
Wen 12-8 / Fri 9-3  
503-284-5239

**Legacy Clinic At Good Samaritan**

General Medicine  
1200 NW 23<sup>rd</sup>  
9 to 4:30 M-F  
Appointment Only  
503-413-7074

**County Health Nurse**

131 SW Ankeny  
TB, Flue, Pneumonia, Tetanus Shots  
1:15 to 3:15 Wednesdays

**Outside In Clinic**

1132 SW 13th Ave.  
Needle exchange, Acupuncture, Tattoo removal, Naturopath  
9:00 to 6:00 Monday through Friday  
503-535-3890

**County Health Nurse, Youth only**

TPI: 435 NW Glison  
TB, Flue, Pneumonia, Tetanus Shots  
1:30 to 3:30 Mondays

**Portland Adventist Community Services**

11020 NE  
Family Services  
9am-12pm M-F  
503-252-8500

**Medical****Salvation Army**

131 SW Ankeny  
Temp. Clinic, TB testing  
1:15-3:15 Mon and Wen  
503-239-1259

**William Temple House**

2023 NW Hoyt  
Mental Health Program  
Limited prescription assistance  
10-3 M-Thursday  
503-226-3021

**Westside Health Clinic  
(Spanish Speaking)**

426 SW Stark, 5th Floor  
OHP Plus A&C only and  
Care Oregon  
8-5 M-F  
Appointment  
503-988-3333

**Lifespan**

**Respite care resources  
for seniors and special  
needs**

503-988-4790

**Oregon Health Plan  
Plus/Medicaid Services**

Medical transportation  
503-802-8700

**TB Program**

426 SW Stark, 3rd floor  
TB tests - non-shelter's  
8-11 and 1-4 Wednesdays  
503-988-3417

**Quest Center for Integrative Health**

2901 E Burnside  
Osteopathic, Naturopath  
8:30-5 M-F  
503-238-5203

**New Day Homeopathic  
Clinic**

natural cures  
1917 SE Clinton  
Wen eve appointment  
only  
503-795-7008

**NARA Indian Health  
Clinic**

(No walk-ins after noon)  
15 N Morris  
8-5 M-F  
503-230-9875

**Cascadia Urgent Walk-  
in Clinic Service**

2419 SE 49<sup>th</sup>  
7-10:30, 7 days per week

**Medical****OSHU Behavioral  
Health Clinic**

621 SW Alder, Suite  
520  
Outpatient psych  
8:30-5 M-F  
503-494-4745

**Partnership Project**

1132 SW 13th Ave.  
HIV case Management  
9-5 M-F  
503-230-1202

**Cascades Aids Pro-  
ject (CAP)**

620 SW 5th, #300  
Counseling, ect.  
9-5 M-F  
503-223-5907

**Planned Parenthood**

3231 SE 50th  
3531 NE 15th, Suite B  
HIV, STD, Birth Control  
503-788-7273

**Native Americans****Confederated Tribes  
of Siletz,**

3715 SE 39th Native  
American  
emp. and head start pro-  
gram  
503-238-1512

**NARA, 17645 NW ST.  
Helens Hwy.**

(Health and Drug Reha-  
bilitation Services)  
503621-1069

**Native Americans Pro-  
gram Legal Aid Ser-  
vices**

812 SW Washington,  
STE. 700  
503-223-9483

**Commission on Indian  
Services**

167 State Capitol, Sa-  
lem, OR 97301